## SPEECH OF THE HON'BLE GOVERNOR FOR U-17 GILRS'STUDENTS VOLLEY BALL TOURNAMENT ON 12.02.2019

## A Very Good Evening to all of you,

It gives me great pleasure to come here and be a part of this momentous occasion. My accolades to the Department of Sports for having taken the initiative for organizing the Under-17 Girls' students Volley Ball tournament here in Guwahati. I would like to take this opportunity to extend a warm welcome to all the players, coaches and other support staff to this beautiful city. The congregation of sportsmen, support staff, organizers and supporters testifies our strong commitment to sports.

Friends, I feel, Sports is important for everybody. It develops certain qualities which is essential to lead a complete life. It makes you mentally strong and physically fit. Sports are beneficial to us as they teach us punctuality, patience, discipline, teamwork and dedication and devotion. Playing sports help us in building and improving confidence level. If

we practice sports on regular basis, we can be more active and healthy. Being involved in the sports activities help us in empowering ourselves physically and protecting us from diseases. It teaches us to go ahead in life by overcoming all weaknesses. It makes us bold and gives the feeling of happiness by reducing the occurrence of anxiety.

Our Honourable Prime Minister Shri Narendra Modi ji to motivate the youth to take the vocation of sports seriously and enabled the Central Government in initiating 'Khelo India Programme'. He in a bid to motivate our youths for always talks about "Kheloge to Khiloge. His vision is to involve youth in sports and to help them to develop their overall personality.

Dear participants, today you are all here to play volleyball and I know it is very popular game. It is a game recognised by National Game Authority as well as the Olympic Committee. I am told that Woman Volley ball is also a very popular sports in several districts of Assam. Taking into consideration of its huge popularity I vow to adopt this game and in my capacity shall work to popularize the game

among others so that the women folk come up and involve themselves more into games and keep them strong and fit.

Moreover, there are lots of advantages of this game. While some sports require several equipment to play, volleyball needs only ball and net and can be played anywhere, where there is space, unlike other sports.

I am happy to know that every year the Sports Department holds Volleyball competition which indeed is very noble endeavour to inspire the students and motivates many more players into the game. Our vision is very clear. We strive to transform Guwahati in to the Sports Capital of the Country. I hope the event like this contributes in a positive way to accomplish this objective.

I urge upon the players to do your best and compete in the spirit of sports. I encourage you to make the most of this wonderful opportunity to showcase your talent and get noticed at the national and international events. I wish the organizers as well as the participants all the best for success in their respective endeavour.

Thank you,

Jai Hind